

Winter Enrichment

January 9th – April 7th

Enrichment Class Overview

The Children's School believes that learning is doing. Our enrichment classes play a vital role in encouraging children to become active members of a community of lifelong learners.

- We offer three sessions of enrichment classes each school year, during the fall, winter and spring. A new class schedule is distributed each session.
- Classes are open to the public.
- For an exact list of dates and times for each class, please see the enclosed class schedule.
- To register, please complete the online enrichment registration form, found at www.tcslj.org/enrichment, or the paper registration form in full and submit payment. You may pay by credit card, check or cash. There is a \$20 fee for all returned checks. Registration is not complete until payment is received in full.
- To make changes to classes for which you have already registered, please contact Violet, Activities Coordinator, at activities@tcslj.org or 858-454-0184. There is a \$15 processing fee for any schedule changes after the registration form is submitted. Class fees are non-refundable.
- The Children's School reserves the right to cancel classes due to insufficient enrollment at our discretion. If TCS cancels a class, families will receive a full refund.
- *Registration for enrichment classes is due on the Friday before the first class meeting.*

For more information, please contact Violet at activities@tcslj.org or 858-454-0184.



Class Descriptions and Fees

Monday

MIXED SPORTS

Grades: Preschool

Time: 12:15 – 1pm

Instructor: OpenMinds

Fee: \$250

In this class we will be highlighting a different sport each day, including basketball, kickball, capture flag, and other fun athletic games at age appropriate level. The class will teach about the importance of teamwork, fair play, and physical fitness throughout a lifetime.

BEGINNING PIANO

Grades: Kindergarten – 8th Grade

Time: 3:15 – 4:15pm

Instructor: Lauren Karkenny

Fee: \$260

Calling all pianists! Sign up for this beginning piano class taught by our music teacher Lauren in our state of the art music lab! This class is open to the earliest beginner or to a student with some piano background. We will be using a piano method book that combines piano technique with music notation and note reading. At the end of our session we will invite family and friends for a piano presentation in the music lab!!

YOGA FOR KIDS

Grades: 1st – 3rd Grade

Time: 3:15 – 4:15

Instructor: Kimberly Kear

Fee: \$270

Yoga benefits kids in many ways! It can help them develop healthy body awareness, learn to manage stress through breathing and movement, and balancing postures help kids practice focus and build strength. Yoga gives kids a way to express themselves, and build a strong connection to what they hear and what they do.

WORLD EXPLORERS

Grades: Preschool

Time: 12:10-1:00

Instructor: Open Minds

Fee: \$250

We are all part of our global community. Here is an opportunity for your student to focus on getting to know more about what this community has to offer. Each session, we will “travel” to a different place and learn about the history, customs, foods, arts and more. We will work on building map skills and discuss topics such as diversity and culture. This class is a wonderful way for students to learn more about themselves as they explore other parts of the world.

Tuesdays

MINECRAFT @ TCS

Grades: 1st – 8th Grade

Time: 3:15 – 4:15pm

Instructor: Jon Russo

Fee: \$305

Minecraft is a video game that encourages imagination and creativity through building (stories, places, machines) using virtual blocks and materials. This class is designed to reflect The Children's School's educational environment, providing fun, exploratory learning in a setting that helps foster social skills and friendships. All play takes place in our computer lab, on TCS computers and servers, to ensure internet safety. *Open to first graders with instructor approval.

JR. CHEFS

Grade: Preschool - Kindergarten

Time: 3:15 – 4:15

Instructor: Itzel Durazo

Fee: \$320

Jr. Chefs is the perfect opportunity for your children to cook healthy and delicious food and learn about the art and fun of cooking. Your children will build confidence and self esteem as they grow in their ability to create and help mom and dad in the kitchen.

LITTLE RASCALZ SOCCER

Ages: 3 – 5 years old

Time: 3:15 – 4:00pm

Instructor: Little Rascalz

Fee: \$235

Little Rascalz offers a super fun, non-competitive soccer program unlike any other sports program around. Classes are purposely designed to be fun, silly, age appropriate and a high-energy experience for students. Little Rascalz was founded on the belief that children learn through play, and strives to provide an optimum learning environment for all aspects of development, while teaching children to play soccer.

Wednesdays

S.T.E.M.ULATING SCIENCE

Ages: 1st – 6th Grade

Time: 3:15 – 4:15pm

Instructor: MadScience of San Diego

Fee: \$200

Take a journey through our S.T.E.M.ulating Science program! Learn about the rainbow of colors hidden within white light and experiment with mixing, blending and separating them. Step into the world of ooey-gooley science as you mix up a batch of colorful slime and discover the wonders of polymers. See unbelievable experiments that will play tricks on your eyes and create your own spy-tacular periscope. Probe the science of temperature and see an amazing underwater volcano. Listen carefully as you hear familiar and unusual sounds all around you and investigate the invisible force of magnetism and how it affects our planet. Finally, discover the link between taste and smell as you perform a sweet and sour taste test

JR. DESGIN & ENGINEERING

Grade: Preschool - Kindergarten

Time: 3:15-4:15

Instructor: Open Minds

Fee: \$300

Come and build with us! From Lego cars, marble tracks, ancient clay pyramids, and structures made out of all kinds of fun recycled materials, this class puts creativity and fun in the front seat as students learn about principles of building, design, and engineering. This hands-on class allows students to experience the cause and effects of gravity, friction, stability, structure, and basic mechanics. With lots of room for their own creativity and design ideas, each project is a wonderful adventure for your young engineers!

Thursdays

MIXED SPORTS

Grades: Preschool
Time: 12:15 – 1pm
Instructor: OpenMinds
Fee: \$275

In this class we will be highlighting a different sport each day, including basketball, kickball, capture flag, and other fun athletic games at age appropriate level. The class will teach about the importance of teamwork, fair play, and physical fitness throughout a lifetime.

OOEY GOOEY FUN

Grades: Preschool - Kindergarten
Time: 3:15 – 4:15pm
Instructor: Shelly Vitalis
Fee: \$295

Children will have fun making “unusual materials,” such as cloud dough, oblick and moon sand, (just to name a few), using everyday materials found around the house. We will experiment with various ingredients in order to discover how they interact with each other. We’ll come up with hypotheses and test them through our experiments to find out what kind of gooey fun forms before our eyes.

AFRICAN DRUMMING

Grades: 2nd - 8th Grade
Time: 3:15 – 4:15pm
Instructor: Kim Lohnas
Fee: \$290

This will be a very interactive class involving music, culture, and playing together! The djembe is a hand drum that originated in West Africa. Through this dynamic instrument we will be learning some traditional rhythms and the purposes for which they are played. We will also be experimenting with finding our own rhythms. Come drum and have fun!

PAPER ART & BUILDING

Grade: 1st – 6th Grade

Time: 3:15-4:15

Instructor: Open Minds

Fee: \$275

Come and build, create and inspire with all of the great things you can do with something as simple as paper. We will use paper to create all kinds of amazing things from forts, origami animals, treasure boxes, books, juggling balls, jewelry, airplanes and much more.

Fridays

SONG & VOICE

Grades: 1st - 8th Grade

Time: 3:15 – 4:15pm

Instructor: Open Minds

Fee: \$275

Come and build your skills as a singer in a fun and professional environment. If you love to sing—whether it's at home, in the car, or in front of a group then this is a great opportunity for you. Our voice is a muscle and needs loving attention, just like the rest of our body! With simple exercises, challenging warm-ups, and a study of some of the most basic classical songs, you will learn to hone and care for your voice, making it all that it can be. Bring a song that you would like to work on throughout the session and we'll help you get it performance ready!

BRINGING BOOKS TO LIFE

Grades: Preschool - Kindergarten

Time: 3:15 – 4:15pm

Instructor: OpenMinds

Fee: \$275

We will bring some of your favorite stories to life through art, costume, face paints, puppets and theatre. We will use our bodies, minds and hearts to retell stories while exploring some basic theatre principles and experience the power of story.