

COVID-19 Protocols for Dance Students

County health guidelines ask that you notify us and keep your child home if they are experiencing any of the following symptoms:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- New loss of taste or smell

Individuals with symptoms of infectious illness, such as influenza (flu) or COVID-19, must stay home and should consult with their healthcare provider for testing and care, regardless of vaccination status.

In accordance with guidance from the California Department of Public Health, the San Diego County Office of Education and the San Diego County Health and Human Services Agency, your child may return to school after meeting the following criteria:

- i. At least **24 hours have passed since resolution of fever** without the use of fever-reducing medications; and
- ii. Other **symptoms have improved**; and
- iii. They have met COVID-19 **testing requirements** (identified below) OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) **OR at least 10 days have passed** since symptom onset.

COVID-19 Testing to Satisfy Return to School Requirements:

Documentation of a negative molecular (PCR or NAAT) test collected after the onset of symptoms OR 2 negative antigen tests taken after the onset of symptoms and at least 12 hours apart may be used to satisfy testing requirements.

* Testing may not be required if there is a verified medical diagnosis of another illness that accounts for the symptoms.